# Always feel at home.



New friends and quality care await you.



# Your new home at Crows Nest.

There's nothing quite like the feeling of home. It's where you feel warmth, love, joy and peace. And that's exactly how you'll feel in your new home at Crows Nest.

Here you won't just be moving into a home but a caring community with like-minded residents and supportive staff that will make you feel at home from day one.

# When you join us, you'll appreciate:

- Personalised, individual care
- A care team that truly cares
- A community of residents at a similar life stage
- Lovely, safe surroundings
- No hidden costs
- A range of activities to enjoy

## **Types of care**

A range of specialised care options are available.

#### We provide:

- Residential aged care
- Respite care
- Dementia care
- Palliative care
- Pastoral care

### Surrounding your home

On the Darling Downs, in tranquil Crows Nest, is where you'll find Crows Nest Aged Care. The peaceful, neighbourhood-focused small town is surrounded by national parks, boutique eateries, and distinctive local art galleries. Everything you require, such as nearby shopping, healthcare services, and amenities, will be close by. Participate with us in events like bingo, crafts, cultural festivities, and more.

#### Some of the features that will make you feel at home include:

- Beautiful courtyard gardens and outdoor sitting areas
- Delicious meals prepared on site
- On-site salon
- Comfortable lounge and dining spaces
- Social activities and group outings



## Your room inclusions

You'll feel right at home and have plenty of space to personalise your room.

Depending on your needs, rooms include:

	Private ensuite
*	Reverse cycle air-conditioning and heating
	Electric bed and bedside table
-	Wardrobe
	Arm chair
	Windows offering natural light
Ì	Telephone point
+	24/7 nurse care

## Lifestyle and activities program

With input from our residents, we've created a fun, inspiring program to encourage social connection and an active lifestyle.

Together, the residents and staff celebrate birthdays, special occasions, and cultural events. Some activities include:

#### Some activities include:

- Scenic day trips
- Fitness classes
- Arts and crafts
- Puzzles and quizzes
- Movies
- Cooking groups
- Carpet bowls
- Church services

If there are activities you'd like to try, our staff are always happy to help wherever possible.

## Positive wellbeing model of care

You can rest assured the care of every resident at Crows Nest Aged Care is based on a holistic approach to bring hope and dignity to every day.

#### We base our care on five key principles:

> Inclusion

You'll experience a sense of belonging with us.

#### > Comfort

You'll feel physically, spiritually and emotionally comfortable.

> Purpose

Your day is busy, filled with a variety of activities.

- > Connection You'll be safe and secure in our community.
- > Identity

You're known and valued for your individuality, your preferences and personality.

At Crows Nest Aged Care, you'll find a warm and caring community to welcome you home.



## **Crows Nest Aged Care**

Our homes are where we feel most content and as we get older that shouldn't have to change. When you make the move to care, even if it's just for a short time, we'll do everything we can to make sure you always feel at home. Our supportive caring staff are waiting to welcome you to our warm community.

New friends and quality care await you.

Crows Nest Aged Care 8 Grace Street, Crows Nest Qld 4355

Let's start the conversation today. Call 07 4698 3555 or visit cofc.com.au

