

Welcome to Bupa Clayton





Welcome to Bupa Clayton

Our home is set within a lively local community with a library, supermarket, schools, community centre, Monash Hospital and other amenities within walking distance. Public transport is also easily accessible with bus and train services close by.

Indoors, we have a delightful range of communal areas and activity rooms, complete with tasteful decorations, including a library and resource room, an arts and crafts room and a pool table.

If you enjoy spending time outdoors you can put your green thumbs to use in our tranquil garden. There are also five covered outdoor courtyards that are ideal places for relaxing and spending time with friends during the warmer months.

Your care

Care, first and foremost

When it comes to aged care, we understand that one size doesn't fit all. That's why we take the time to get to know you, so we can tailor your care to help support you in the way that you prefer. Centrally located, Bupa Clayton is close to medical centres and doctor's surgeries, and residents also have regular access to a general practitioner (GP).

You can be confident that we'll be there for you when you need us, with access to a registered nurse 24 hours a day, as well as an easy-to-use nurse call system and a CCTV security system.

Your care team

You will have access to a multi-disciplinary care team of registered nurses, carers and a Clinical Care Supervisor. Our passionate people love working at Bupa Clayton. Many have been working with us since the day we opened, a few years ago.

We enjoy a strong relationship with a local hospital where we've set up a program to help reduce the need for hospital visits. The program is overseen by a doctor and has a dedicated team of nurses assisting with the clinical aspects of your care in our home. You will also benefit from medication reviews by the program's geriatrician.



Type of care

Residential care

At Bupa Clayton, we offer a full range of care to help suit your needs. And if your needs change, we will continue to support you, by adapting the care we offer you. This helps to minimise disruption and provides peace of mind for you and your family.

Accommodation

At Bupa Clayton we can provide care to help suit your needs at one of our five resident communities, each caring for 30 people. All our rooms are spacious, air conditioned and private. While our rooms have high quality furnishings, we encourage you to bring in personal items you've collected throughout your life to help you feel at home.

Lifestyle

Your hobbies and interests

The move to an aged care home doesn't mean that you have to give up your passions, interests and hobbies. You can choose from activities including group games like bingo, arts and crafts, card groups, exercise classes and drumming.

Bupa Clayton is also home to a number of pet fish and birds, with a fish tank on every floor.





“Thank you for the care given to my husband Christopher. I made the right choice when I put him in your care.”

- Sylvia Melder, Wife of Resident

Volunteers with dogs also regularly pop by, providing great company for our residents.

And if you just want to relax, why not get pampered at our very own hair salon with visiting hairdresser and manicurist!

Fresh, nutritious meals

Our meals are prepared freshly in our home and there is always a choice of meals. We are proud to be a two-time winner of the Monash Council Golden Plate award, which recognises businesses throughout the area that provide a high standard of food safety.

Once a week we hold cooking classes where residents are invited to create meals for their fellow residents. You

are always given the choice of dining in the private dining room, your own room or alfresco.

Our weekly happy hour and monthly pre-dinner drinks are a good way to socialise with other residents. The large lounge area gives residents and their guests the perfect place to catch up over a hot drink from the coffee machine.

Family connections

We know how important keeping in touch with your family is. We welcome your friends and family at any time, giving you and your loved ones flexibility and peace of mind that they can pop by to visit you whenever they'd like.



Our weekly Wednesday family barbecues are a good opportunity to get to know each other better. We also host regular resident-relative meetings which are a great opportunity for you to let us know how things are going for you.

If there's a special occasion that you would like to celebrate with your family and friends, you can celebrate in style by using our private dining room. Come and speak to us and we can arrange to cater for your guests.

Community connections

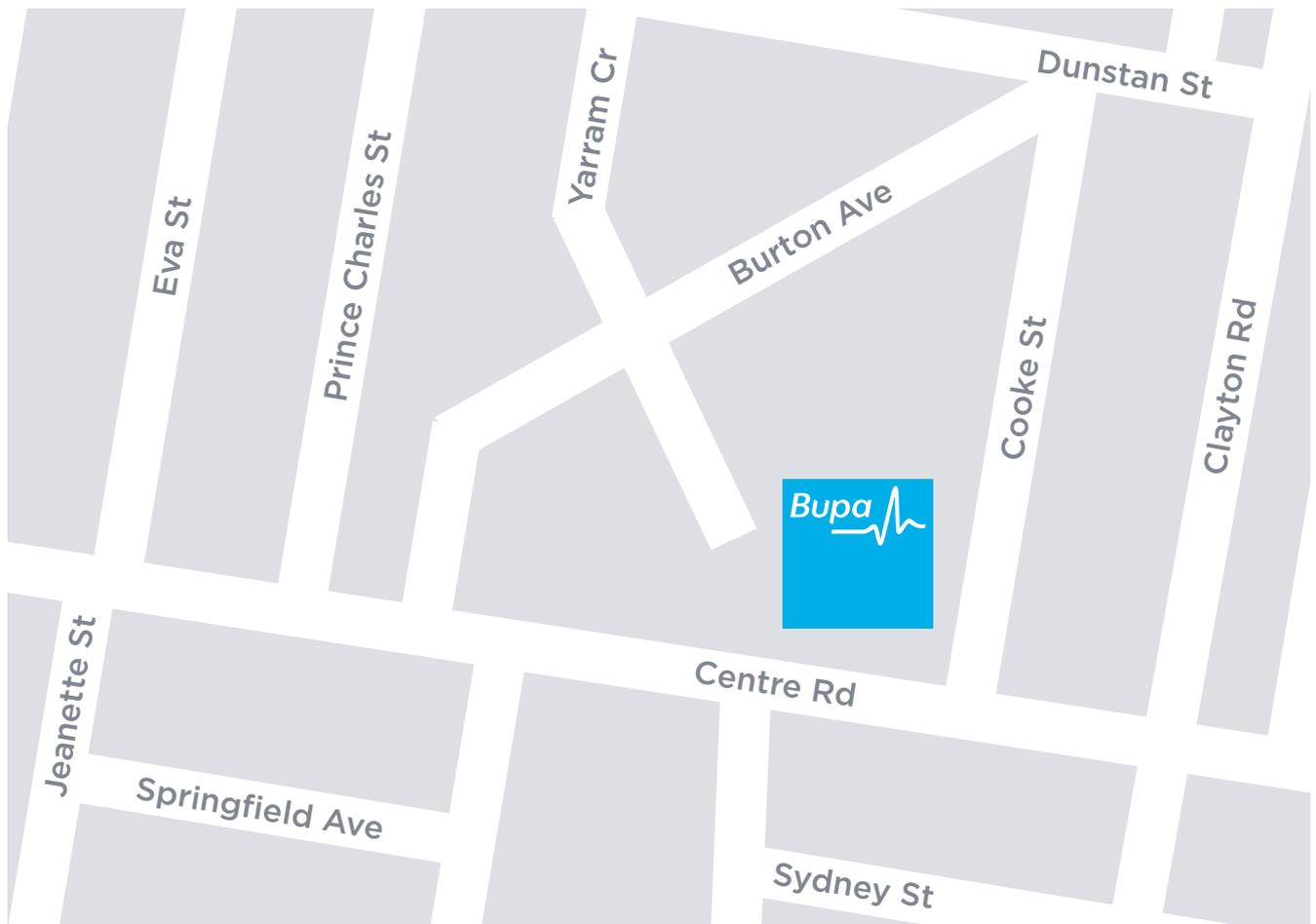
At Bupa Clayton, we enjoy lots of activities and events with the local community. Visitors bring many events to our home, and we are fortunate enough to have regular entertainers who perform for us. A children's choir from the neighbouring school brings much cheer, and our

residents love to hear them playing in the playground next door.

We understand the importance of supporting your spiritual as well as your care needs so a variety of church groups also visit. You can visit the local community centre, conveniently located next door, for regular swimming classes.

We have themed activities for important occasions and many residents also enjoy our regular multicultural days with food, dress and fun facts about the featured country.

Fancy a day trip out? Our care home bus will take you on weekly outings such as picnics, concerts, day trips to the beach and to the local RSLs.



Types of care

- residential care

Your home

- covered outdoor courtyards
- hair salon
- library
- art and crafts room
- pool table room
- cosy lounges
- dining rooms

Please contact us if you would like to find out more about Bupa Clayton, or to arrange a tour.



03 9543 1966



clayton@bupacare.com.au



12 Burton Avenue
Clayton VIC 3168



bupa.com.au/aged-care



BupaAgedCareAustralia



BupaAgedCareAus